

# Manual Handling Risk Assessor

## Health and Safety Courses for Staff and Managers



*This is an Ergonomics Society recognised course*

Who should attend	Anyone who is required to undertake manual handling risk assessments
Why you should attend	Every organisation or company that carries out manual handling activities is required to carry out manual handling risk assessments. In order to be deemed competent, you need to participate in training, and practice your skills
What you will learn	Knowledge of the relevant legislation, the risk assessment process and the link to safe systems of work. Practical solutions to manual handling situations
Expected outcomes	To be able to carry out manual handling risk assessments and recommend controls and improvements to management
Course content	<ul style="list-style-type: none"><li>• The legal framework for manual handling</li><li>• Approved Code of Practice and Guidance documents</li><li>• The causes of injury and cost to the business</li><li>• An understanding of the anatomy of the back</li><li>• The leverage effect</li><li>• Risk factors and risk assessment</li><li>• Efficient handling techniques</li><li>• Alternatives and solutions</li><li>• Safe systems of work</li><li>• Practical risk assessments and debrief</li></ul>
Assessment	Assignment and self-evaluation
Venue	Peterborough
Dates	2012: 1 <sup>st</sup> March; 5 <sup>th</sup> June; 7 <sup>th</sup> September; 5 <sup>th</sup> December
Cost	£199 per person (plus VAT)
What's included	Certificate, comprehensive course manual, telephone and e-mail support for 12 months
Course duration	1 day
Recommended pre-requisites	An understanding of manual handling issues in your workplace
Recommended follow-up courses	CIEH Professional Trainers Certificate



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