Emergency First Aid Training

Health and Safety Courses for Staff and Managers

Who should attend	Those looking for a hands-on course that provides the opportunity to learn and practice skills which will enable you to respond to common first aid situations.
Expected outcomes	To be able to respond to common first aid situations and take charge in emergencies
Course content	**Respond to the needs of unconscious casualties** • Includes placing an unconscious person in the recovery position. • Perform cardio pulmonary resuscitation (CPR) • Participants will be taught how to lift the chin to open the airway, give effective rescue breaths and perform chest compressions. The programme covers the different techniques for adults, children and infants. All learners will be given the opportunity to practice their skills on a resuscitation manikin. **Choking** • Participants will learn how to deal with mild and severe choking for adults, children and babies. **Respond to the needs of casualties with major injuries** • Participants will cover all of the following by observation: • shock , burns and scalds, significant blood loss, muscular and skeletal injury. **Respond to the needs of casualties with common illnesses and conditions** • The programme covers awareness of appropriate treatment for the following illnesses and conditions: • croup • stroke • angina • asthma • diabetes • epilepsy • meningitis • anaphylaxis • heart attack • febrile convulsions.
Accreditation	HSE accredited course
Assessment	Continual assessment throughout the course
Venue	Client site or as arranged
What's included	Emergency First Aid at Work booklet and Certificate
Course duration	6 hours
Recommended pre-requisites	None
Recommended follow-up courses	First Aid at Work, CIEH Level 2 or 3 Health and Safety in the Workplace

Archdeaconry House, Gravel Walk, Peterborough, PE1 1YU
01733 807779 info@rspsafety.co.uk
www.rspsafety.co.uk