Chartered Institute of Environmental Health

CIEH Registered Centre

CIEH Level 2 Award in Principles of Manual Handling

Health and Safety Courses for Staff and Managers

RSP Safety Services Ltd

Who should attend	This qualification will benefit anyone who has to carry out any manual handling activities at work
Why you should attend	In order to comply with the Manual Handling Operations Regulations
What you will learn	This qualification introduces candidates to the hazards and risks involved in manual handling and outlines what to expect from a manual handling assessment. It will enable employees to develop safer manual handling techniques in the workplace.
Expected outcomes	To be able to lift, lower, carry, support, push, pull loads and participate in team lifting
Course content	On successful completion of the training programme candidates will be enable to understand: • That manual handling operations can be hazardous to health • How manual handling operations can cause injury and harm • The scope of legal requirements with regard to manual handling operations in the workplace. • The process for assessing risks from manual handling and the factors that need to be considered in a manual handling risk assessment • The value of risk assessment and how it applies to safe manual handling practice • What is meant by good posture and why it is important not just for backs but for hands, wrists, elbows and shoulders.
Assessment	Multiple choice question paper
Venue	Peterborough
Dates	2012 - 12th January; 8th March; 15th June; 5th September; 2nd November
Cost	£110
What's included	Registration, course book, exam fees, refreshments and lunch
Course duration	1/2 day
Recommended pre-requisites	None
Recommended follow-up courses	CIEH Level 2 Award in Health and Safety in the Workplace

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